

Bottom Line 2009

Workplace Mental Illness and the Family

Vancouver Convention and Exhibition Centre > March 11

Final Program

Conference MCs

[Kathryn Gretsinger](#) | Journalist, Radio Host and Producer

[Dr. Joti Samra](#) | Adjunct Professor and Research Scientist, Consortium for Organizational Mental Healthcare, Faculty of Health Sciences, Simon Fraser University

8:15am	Registration and Breakfast Buffet
9:00	Opening Remarks Michael Francis 2009 Bottom Line Conference Chair Sepp Tschierschwitz Board of Directors, Canadian Mental Health Association (CMHA), BC Division
9:15	Perspectives Madeleine Dion Stout Vice Chair, Mental Health Commission of Canada Jim Sinclair President, BC Federation of Labour
9:30	Canada's Mental Health Crisis—and How Employers Can Help > Sponsored by Healthcare Benefit Trust André Picard Public Health Writer, Globe & Mail Drawing on the Globe and Mail's Breakdown series on mental health, award-winning public health reporter André Picard will examine the "big picture" of workplace mental illness and the family in light of today's uncertain economy.
10:30	Refreshment and Networking Break
11:00	Tools for Action > Reaching families through workplaces > Sponsored by BC Mental Health and Addiction Services, an Agency of the Provincial Health Services Authority Don Buchanan Knowledge Translation Officer at the McMaster Child Health Research Institute, and Leader for Innovation and Knowledge Exchange at the Provincial Centre of Excellence for Child and Youth Mental Health at the Children's Hospital of Eastern Ontario In an innovative partnership between business and health care, Don Buchanan will share the latest research from a project using the workplace setting to empower families with knowledge of child and youth mental health.
12:00pm	Pre-Luncheon Remarks Hon. Steven L. Point OBC, Xwe li qwel tel, Lieutenant Governor of British Columbia
12:10	Lunch Buffet
1:00	Luncheon Speaker > Sponsored by Scotiabank Peter Legge Chairman and CEO, Canada Wide Media Limited and 2008 Recipient of the Order of British Columbia
1:30	Networking Break
2:00	The Juggling Act > Stories and strategies for balancing caregiving, mental health and the workplace > Sponsored by Great-West Life From juggling the pressures of the "sandwich generation"—family caregivers to both children and aging parents—to dealing with tragic family mental illness, life's challenges can strike at any point in one's career. This is a remarkable panel of employees, employers and experts who have faced mental illness in their lives and workplaces. They will share insights on helping employees succeed at work while dealing with the challenges of providing family care. Keli Anderson Executive Director, FORCE Society for Kids' Mental Health Ginny Dennehy Co-founder, Kelty Patrick Dennehy Foundation Shainul Kassam Information Coordinator, CMHA BC Division Dr. Connie Coniglio Director of Health Literacy, BC Mental Health and Addiction Services Bev Gutray Executive Director, CMHA BC Division
3:30	Refreshment and Stretch Break
3:45	On the Record > My personal journey with mental illness > Sponsored by Pacific Blue Cross Matthew Good Recording Artist and 2008 CMHA Mental Health Voices Award Winner In a candid discussion, Matthew Good will share his personal journey with mental illness and discuss how going public can make a difference in increasing awareness and reducing stigma. His 2007 solo album, Hospital Music, referring to his stay in a psychiatric ward, debuted at the top of the Canadian albums chart and is certified gold.
4:15	Closing Remarks Shelagh Rogers Broadcast Journalist and 2008 Recipient of CMHA's Media Award and Centre for Addiction and Mental Health's Transforming Lives Award